

<u>Additional Skills-Growth:</u>	<i>Trauma, Recovery, Mental Health</i>	<i>Cross-Cultural Healing Modalities and Spirituality</i>	<i>Emotional-Intelligence Based Communication, Well-being and Leadership Development</i>
Coursework:	<ul style="list-style-type: none"> • EMDR Certificate • Psychoanalytic Fellowship • Trainings in medical education, public health, complementary and alternative medicine, spirituality and healthcare 	<ul style="list-style-type: none"> • Shamanic training (cross-cultural, technique-based) • Ayurveda Certificate • Tibetan Buddhism Intro Course 	<ul style="list-style-type: none"> • Facilitative Leadership and Adaptive Leadership programs • Communication Skills Intensive for Clinicians and Leaders • Clinician Patient Communication • The Coach Approach • The Healer's Art
Experience:	<ul style="list-style-type: none"> • Trauma-focused therapy (torture survivors) • Major presentation on "Meaning In Life" • Inpatient, outpatient and community mental health; collaborative care, integrated care • Nearly 10 years in mental health care, over 600 patients/clients 	<ul style="list-style-type: none"> • Integrative Medicine Center collaborative psychotherapy • Yoga Work Study • Sufi Work Study • Major paper on "Spirituality-Based Global Trauma Treatments" • Major paper on "Mind-Body Medicine Therapies for Depression" • Leading discussions on cross-cultural topics • Diversity committee (past) • Shamanic and interspiritual personal practice 	<ul style="list-style-type: none"> • Thesis (primary data) on Emotional Intelligence Development in Global Health Leaders • Multiple leadership positions on boards, committees and retreat planning • Teaching and facilitation on clinician and leader communication • Nearly 18 years in wellbeing and inner development work, over 400 direct and indirect clients.
People/Thought Influencers/Resources:	<ul style="list-style-type: none"> • Judith Herman • Bessel Van Der Kolk 	<ul style="list-style-type: none"> • Sandra Ingerman • Arthur Kleinman • Anna Yusim • Judith Orloff • Maya Tewari 	<ul style="list-style-type: none"> • Arundhati Roy • Daniel Goleman • Reuben BarOn • Susan David
Learning planned:	<ul style="list-style-type: none"> • Attachment-based EMDR (Parnell) • Jungian Analytic Fellowship 	<ul style="list-style-type: none"> • Integrative Medicine Certificate (Korn – ongoing) • Past Life Regression Hypnotherapy (Weiss) 	